

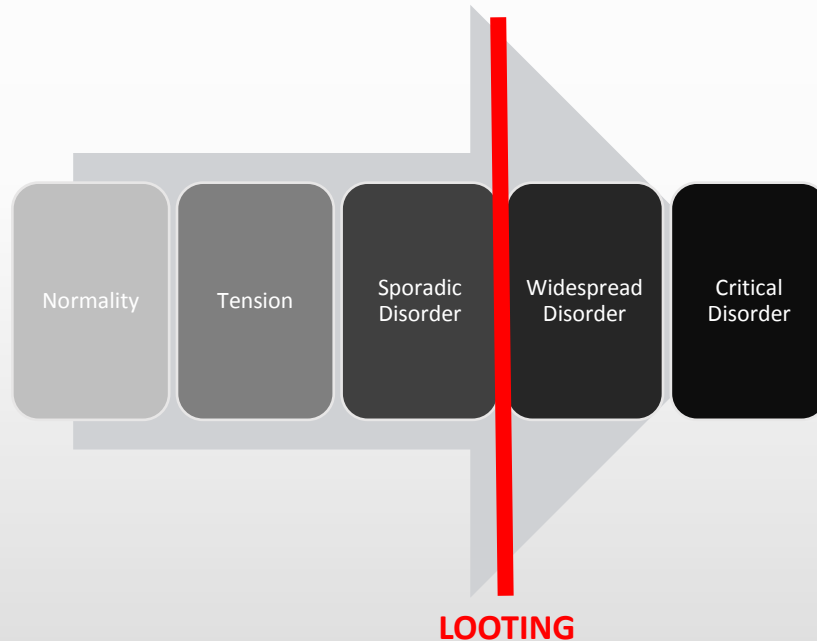
Personal Contingency Planning

RISK OUTLINE



Any situation which restricts freedom of movement and interferes with the functions of normal daily life.

DETERIORATING SECURITY



- Threat to life
- Damage to property
- Theft of property
- Blocked roads
- Power loss

GENERAL ISSUES

- Medical emergencies
- Movement restriction
- Loss of Utilities (power & water)
- Diminishing food supplies
- Fuel shortages
- Interruption of communication media

CASH

- Food
- Medicine
- Emergency transport
- Security



PHONE CREDIT



- Airtime
- Scratchcards
- More than one network



FOOD & WATER

- Dry foods
- Small packets
- Drinking water (3 litres per person per day)
- Enough for 7 days



MEDICINE

- Prescription medication
- First Aid Kit
- Nearest hospital (with Emergency Department)
- Emergency evacuation plan



TRANSPORT

- Fully fuelled
- Jerry cans
- Phone charger
- Food/water in vehicle
- Situation capable plan



FUEL

- Vehicles
- Generators
- Gas burners
- Kuni



UTILITIES

- Electricity (generators)
- Torches
- Candles
- Spare batteries
- Water tanks



DOCUMENTS

- Personal documents
 - Identity cards
 - Passports
 - Birth certificates
- Financial documents
- Medical records
- Treasured photos



PERSONAL RISK ASSESSMENT



- Ensure you complete a risk assessment of your personal circumstances. Consider the risks to each important factor and plan mitigating action to reduce the risk.
- Those mitigating actions become your contingency plan.

Uwe Tayari

