

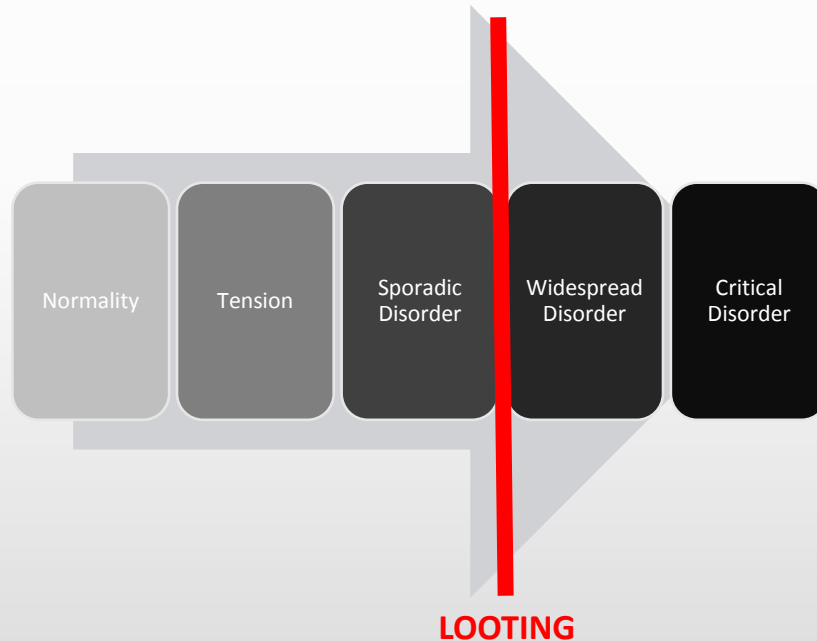
# Personal Contingency Planning

# RISK OUTLINE



Any situation which restricts freedom of movement and interferes with the functions of normal daily life.

# DETERIORATING SECURITY



- Threat to life
- Damage to property
- Theft of property
- Blocked roads
- Power loss

# GENERAL ISSUES

- Medical emergencies
- Movement restriction
- Loss of Utilities (power & water)
- Diminishing food supplies
- Fuel shortages
- Interruption of communication media

# CASH

- Food
- Medicine
- Emergency transport
- Security



# PHONE CREDIT



- Airtime
- Scratchcards
- More than one network



# FOOD & WATER

- Dry foods
- Small packets
- Drinking water (3 litres per person per day)
- Enough for 7 days



# MEDICINE

- Prescription medication
- First Aid Kit
- Nearest hospital (with Emergency Department)
- Emergency evacuation plan





# TRANSPORT

- Fully fuelled
- Jerry cans
- Phone charger
- Food/water in vehicle
- Situation capable plan



# FUEL

- Vehicles
- Generators
- Gas burners
- Kuni



# UTILITIES

- Electricity (generators)
- Torches
- Candles
- Spare batteries
- Water tanks



# DOCUMENTS

- Personal documents
  - Identity cards
  - Passports
  - Birth certificates
- Financial documents
- Medical records
- Treasured photos



# PERSONAL RISK ASSESSMENT



- Ensure you complete a risk assessment of your personal circumstances. Consider the risks to each important factor and plan mitigating action to reduce the risk.
- Those mitigating actions become your contingency plan.

# *Uwe Tayari*

