

PERSONAL CONTINGENCY PLANNING

Contingency planning is essential prior to predicted periods of uncertainty. The following advice is prepared based upon a worst case scenario where movement becomes dangerous due to increasing insecurity, communications become difficult or impossible, normal trading has ceased and the civil authority is under significant pressure in dealing with lawless situations.

PERSONAL PREPARATION	
Cash	Keep a reserve of cash in a safe place. Cash is your friend in a chaotic situation.
Phone Credit	Buy and keep a reserve of phone credit scratch cards to ensure you always have credit.
Food/Water Stocks	Ensure you have stores of enough dry food and drinking water to last 7 days.
First Aid Kit	Ensure you have a well-stocked first aid kit; dressings, bandages, antiseptics.
Prescription Medication	If you need prescription medication, keep a stock.
Hospitals	Ensure you are aware of your closest hospital delivering emergency room services.
Emergency Transport	Ensure you know where to access a vehicle for transport in the event of an emergency.
Light	Replace torch batteries. Keep spare batteries. Use candles for indoors.
Water Supply	Ensure water tanks at home are filled.
Vehicles	Ensure your car has a full tank of fuel. Keep some food and water in the car.
Generators	Ensure domestic generators are fully serviced and fueled.
Packed Fuel	If possible keep a reserve jerry can of each type of fuel you require.
Grab Bag	Should the situation escalate pack a bag with essential items and keep it handy.
Personal Documents	Centralise your important personal documents (eg passport, certificates, property deeds) in order that you can access them in a hurry.

For further advice please contact the WS Insight Advisory team.